ANNA GALSTYAN

MONTREAL, QC

CONTACT ME

SUMMARY

3rd year medical student with a background in occupational therapy and experience in clinical and research settings focused on hand function and pain. I'm particularly interested in the mechanisms and management of pain and how they translate into patient outcomes and quality of care. I work well in collaborative environments, manage my time effectively, and value balance and discipline; both in medicine and in life outside of it.

9 YEARS OF PROFESSIONAL EXPERIENCE

1 CERTIFICATION

WORK HISTORY

Occupational therapist – Hand therapy

Plastics department at CHUM

Montreal, Qc

08.2023 - Current

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Baker and founder of Ibakeueat.mtl

Ibakeueat.mtl

Clinical, Surgery and Research Associate (part-tim

Exception MD

Montreal, Qc

02.2025 - 09.2025

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Occupational therapist – Hand therapy

Plastics department at CHUM

Montreal, Qc

04.2021 - 08.2023

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Injector for COVID-19

CHUM

Montreal, Qc

12.2020 - 05.2021

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Occupational therapist – Case Manager

Clinique de Jeune Adult Psychotique (JAP) at CHUM

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Occupational Therapist – Hand Therapy (full Time)

Plastics department at CHUM

Montreal, Qc

10.2016 - 04.2018

Show Description

Caseworker

Innomar Strategies – AmerisourceBergen

Montreal, Qc

06.2016 - 10.2016

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EDUCATION

MD. - Doctor of medicine

Montreal University (UDEM)

05.2027

M.Sc. - Major in Occupational Therapy

McGill University

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04.2014

DEC. - Health Sciences

Vanier College

05.2011

SKILLS

- Hand therapy
- Orthotic fabrication
- Communication skills
- Patient assessment
- Wound care management
- Research participation

LANGUAGES

- English & French Fluent in both oral and written
- Armenian Mother tongue
- Hebrew & Russian Professional working proficiency in oral

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- BLS provider certification Heart & Stroke Foundation Level C BSL: Received training in Cardiopulmonary resuscitation (CPR), Automated External Defibrillation (AED), and choking for adults, children and infants. Expiry: 2026-08
- 31 European CME Credits ExCel (London, UK) Certificate for attending IFSSH, IFSHT & FESSH Combined Congress (on hand surgery and therapy) 2022-06-10/2022-06-10 8h/day
- Reeducation sensitive des douleur neuropathique Centre de rééducation sensitive (Fribourg, Suisse) la méthode de rééducation sensitive des douleurs neuropathiques développée par Claude Spicher. Cette méthode, reconnue au niveau international, est fondée sur une reprogrammation des sensations cutanées en stimulant les récepteurs sensitifs, ce qui incite le système somesthésique à se réorganiser. 2022-09-04/2022-11-09 28h

EXTRA-CURRICULAR ACTIVITIES

Crossfit UPT Crossfit (Montreal, QC) Each workout of the day varies in intensity and duration. Cardio, gymnastics and strength. 2015-12-present 3-5/week Outdoor running "6am club" I run on my own but also join the "6 am club" to run with a groupe.

AWARDS & DISTINCTIONS

Distinction B.Sc. Occupational therapy McGill University 3.75 GPA May 2014, Honour's list Vanier College Vanier College Maintained a full course load with an

- Management of lacertus syndrome: Perspectives for hand therapists Dr. Jean Paul Brutus 2nd author: Anna Galstyan 2024-11-13
- Elevating patient experience: Transformative strategies in hand therapy Dr. Jean Paul Brutus 3rd author: Anna Galstyan 2024-09-02

TIMELINE

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Exception MD

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08.2023 - Current

Occupational therapist – Hand therapy

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Caseworker

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06.2016 - 10.2016

M.Sc. - Major in Occupational Therapy

McGill University

B.Sc. - Major in Occupational Therapy

McGill University

Anna Galstyan | Contact me

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